



Brookside surgery, Brookside Close RG6 7HG
Chalfont surgery, Chalfont Way RG6 5HZ
Winnersh surgery, Melbourne Ave RG41 5EL
Wilderness Road surgery, Wilderness Road RG6 7RU

Telephone: 0118 966 9333

Phone lines are open Monday-Friday 08:00-18:30

Website: www.brooksidegrouppractice.co.uk

Senior Partner – Dr Gabriele Gutmann
Senior Operations Manager – Sarah Rutland

About Us

Since starting as a single-handed practice in 1977 we have grown rapidly and now have a patient population of approximately 31,000. We are a Primary Care Network which helps us to respond to, and deliver on, the challenges we face by providing a service that gives our patients the best care possible. In order to do this, we have a growing multi-disciplinary health care team who offer a whole range of different appointments.

Being large, we value communication and teamwork. We operate a strongly relational team structure and endeavour to: listen well, encourage ownership and involvement and enable staff to blossom in their individual development. We therefore spend a lot of time investing in team meetings and communication across the organisation. We are a member of Buckinghamshire, Oxfordshire and Berkshire West Integrated Care Board (BOB ICB).

Opening Times

Our sites are as follows:

- **Brookside Surgery:** 08:00 - 18:30
- **Chalfont Surgery:** 08:30 - 17:30
- **Winnersh Surgery:** 08:30 - 12:30 and 14:00 - 17:00 (closed from 12:30 on Thursdays)
- **Wilderness Road:** 08:30 - 12:30 and 14:00 - 17:00 (closed from 12:30 on Wednesdays)

Some pre-bookable appointments are available from 7am and after 6.30pm as well as Saturday morning appointments.

Out-of-hours urgent cover is provided by **NHS 111 service**.

For immediate, life-threatening emergencies, **call 999. Chest pains and or shortness of breath constitute an emergency.**

NHS 111 service

If you have any medical needs when the practice is closed, you can call the NHS 111 service (www.nhs.uk/111) to speak to trained advisers who are supported by experienced nurses and paramedics. They will assess your symptoms and give you the advice you need over the phone or direct you to the most appropriate healthcare service. NHS 111 is available 24/7, 365 days a year. If you have been advised by the 111 service to be seen at the surgery, please contact us with your reference number.

Appointments

Our routine clinics run between 08.30 and 17.30 depending on the surgery location. We also provide late evening phone appointments Monday-Thursday until 19.50 and pre-bookable Saturday morning appointments. These take place mainly at Brookside Surgery in Gipsy Lane, though our clinicians from all sites are scheduled to work these sessions.

The majority of our GP and Urgent Care appointments will be booked after patients have submitted an Anima consultation via the NHS App or our website. All Anima consultations will be triaged according to medical need and all patients will receive contact from the Practice by the end of the next working day. Patients may be contacted via text, email or phone about the next step. They may be booked to have either a telephone call, face-to-face appointment, directed to an external service or advised about self-care.

Specialist nurse appointments are available to book via Patient Access, NHS App or by calling the Practice - including blood tests for long term conditions.

Some patients are not able to use Anima for medical reasons or simply do not have access to the internet. These patients are identified on our system and can phone the surgery for advice and to make an appointment when necessary.

Clinics & Services

In addition to general medical consultations, we provide a wide range of specialist clinics and services:

Practice Nurses provide cervical smears, dressings, immunisations, treatment for minor injuries and repeat contraceptive pill prescriptions & injections.

Specialist Practice Nurses provide ongoing management of most long-term conditions including asthma, diabetes, high blood pressure, coronary heart disease.

Urgent Care Nurses and Paramedics provide consultations for those who need them on the day for medically urgent problems.

Healthcare Associates offer blood tests, suture removal, new patient appointments, dressings and some injections.

Family Planning - we offer a comprehensive family planning service for pills, injections and implants, coils, caps and other barrier methods. Emergency contraception is available at local pharmacies as well as the practice.

Child Immunisations - all children need to complete a course of immunisations by the age of five. Please check our website for a full schedule of childhood immunisations in the 'Child Health' section.

Travel Immunisations - if you are planning to travel abroad, you should check your immunisation are up to date three months before your journey. You can do this by visiting our website or asking a member of the Patient Services Team. A fee may be charged for some vaccinations and the Patient Services Team will be able to advise you on this.

Flu Vaccinations - recommended for patients over 65 and those who are in an 'at risk' determined by NHS England. We run flu clinics at each site during the autumn. Please visit the website for clinic dates nearer the time to book an appointment.

Pneumovax Vaccinations - please book an appointment with a Healthcare Assistant or Practice Nurse.

Minor Surgery – we run a Dermatology Assessment Clinic, if a minor surgery procedure if needed, it can often be performed at the surgery and you will be notified of the process by the GP. Please contact us for more information.

Blood Test Appointments - If your clinician has asked you to have a fasting blood test, you must drink plenty of water but you cannot eat or drink anything else for 12 hours before the test. Please request your results 7-10 days later through our website or view results on your NHS App and patient access.

Teaching Practice

We are part of the Oxford Regional Scheme for training GPs and supporting medical and nursing teaching. Sometimes one of our team may have a Doctor, Physicians Associate or Student Nurse with them during a consultation. When this happens, we will always ask beforehand whether you are comfortable with this. Occasionally a video recording may be made of the consultation, but only with your written consent.

Text Message Reminders

We use a text reminder service for appointments booked more than a day in advance and as a way of notifying our patients of important information. It's also the simplest way to cancel appointments when they are no longer needed (simply text back CANCEL). To ensure you are signed up, please ask at reception, and ensure we have your contact number up to date.

Online Access

Our patients can now book and cancel selected appointments, view their medical records and test results and order repeat prescriptions online via the NHS App. Patients can find more information on the practice website or you can download the app from the Apple or Google apps stores.

Chaperone

If you would like a chaperone during your consultation, please ask when booking your appointment, checking in or at any point during your consultation. If we do not have one available, you may be asked to re book your appointment.

Cancellations

If you cannot attend an appointment for any reason, please inform us as soon as possible so that we can offer it to another patient who needs it. To cancel appointments please use the text back service, NHS app, website form or call at least an hour before the booked appointment.

Car Parking

There is limited parking at the four surgeries. We try to ensure spaces are kept for those who have limited mobility, but spaces cannot be guaranteed. We ask patients who are able to walk to the surgery to do so, or park elsewhere to make it easier for those who are very ill. For those requiring a disabled parking bay, please display your 'Blue badge' in the vehicle window.

Disabled Access

Three of our four surgeries are equipped with automatic front doors, due to the age and design of Wilderness Road, this is not currently possible. All four surgeries have disabled access toilets and designated parking spaces are available at the Brookside and Chalfont surgeries only. We are limited by car parking constraints at our two smaller sites (Winnersh & Wilderness Road Surgeries) to allow for a designated disabled bay.

Home Visits

We offer home visits to medically housebound patients. A clinician will always call first to ensure that your medical condition requires a visit and will also decide how urgently a visit is needed. Please try to call the surgery before 11.00am if you think a visit is needed.

You can also be visited at home by a community nurse if you are referred by your GP. You should also be visited at home by a health visitor if you have recently had a baby.

Sickness Certificates

You do not require a sick note (FIT Note) for any illness lasting seven days or less. Your employer may however require you to complete a self-certification form (SC2) which is available from your employer or on the HMRC website ([Ask your employer for Statutory Sick Pay - GOV.UK \(tax.service.gov.uk\)](https://www.gov.uk/ask-your-employer-for-statutory-sick-pay))

If you are sick for more than seven days, your employer can ask you to give them some form of medical evidence to support payment of Statutory Sick Pay but it is up to your employer to decide whether you are incapable of work. This is called a sick note/certificate.

You can provide evidence from someone who is not a medical practitioner, e.g. a dentist. Your employer will decide whether or not this evidence is acceptable. If your employer has any doubts, they may still ask for a medical certificate from your GP.

If you have been seen or spoken to about a medical condition, and need a sick certificate, please request this online through our website using Anima.

Sick certificates, where possible, will now be texted to the patient. If this is not possible, they can be collected from reception.

Repeat Prescriptions

All prescriptions are sent to the Pharmacy using the Electronic Prescription Service. You will be asked to choose a pharmacy that is convenient for you when you register with us. This can be changed later by speaking to a member of staff in reception or during a consultation.

Patients on long-term medication can order repeat prescriptions in several ways:

- **Online** – You will need to ensure you have chosen a local pharmacy as the prescription will be sent electronically to them once it has been approved by your GP. You can order the prescription using NHS App, Patient Access or via Anima.
- **By Hand** – drop your request form in the box in reception with the required items clearly marked.
- **By Post** – send it to us with a stamped, addressed envelope if you would like it returned by post.

Please allow up to 5 working days for your prescription to be processed. This is to allow time to review medication if required. We also cannot accept requests for repeat prescriptions over the telephone.

Medication Reviews

Patients on repeat medication will be asked to see either a doctor, practice nurse or practice pharmacist at least once a year to review them. Prescriptions will not be reauthorised unless a review has taken place.

Prescriptions Charges and Exemptions

The NHS prescription charge is a fixed amount per item which is in accordance with government guidance for those who can afford to pay for their medication. Prescription prepayment certificates (PPCs) offer savings for people who need extensive medication.

- Telephone advice and order line **0300 330 1341**
- General Public - Buy or Renew a PPC On-line

There is further information about exemptions and fees on the NHS UK website.

Non-NHS Services

Some services provided fall outside the scope of the NHS and therefore incur charges. Examples include the following:

- **Medicals for pre-employment, sports and driving requirements (HGV, PSV etc.)**
- **Insurance claim forms**
- **Prescriptions for taking medication abroad**
- **Private sick notes**

- **Vaccination certificates**

Our Secretarial Team will be happy to advise you about appointment availability and applicable charges.

Test Results

All test results will be available online through your NHS app. Alternatively, please use the online 'Test Result' request form at www.brooksidegrouppractice.co.uk. Blood or urine results should be available after 7-10 days, stool results after 2 weeks X-ray results after 2-3 weeks and smear results will be sent to you in the post. These can be requested via our website or if you are unable to do this, please call the practice.

It is your responsibility to check the results and make any necessary follow-up appointment with the nurse or clinician. For any urgent test results, your GP will contact you directly. Our clinicians may also text out results to patients with advice and help if appropriate.

Please note that we have a strict confidentiality and data protection policy. Therefore, we will only give out results to the patient unless they have given prior permission for their release to a 3rd party, or they are not capable of understanding them.

New Patient Registrations

When registering at the practice, you will need to visit the Brookside Group Practice website where you can fill in an online registration form.

All patients at the practice are given a **named GP** and Patient Health Team when they register. Your Patient Health Team is made up of 2 GPs and a Physicians Associate who have overall responsibility for coordinating your care. Your core team works with a Clinical Pharmacist, a Health and Wellbeing Advisor and a member of our Reception Team called a PST Liaison.

If you have a preference for a male/female GP please let us know and we will accommodate your request where possible.

- **Proof of address** - We are only able to register patients whose permanent, main residence is within our boundary. Please see the map on our website or ask one of our patient services team for details. We will accept a current (dated within 6 months) tenancy agreement, bank statement, benefit book, council tax bill or utility bill.

If you do not have any of the documents above please call and discuss this with our Administration team.

Please note, if you have previously registered with the NHS under a different name we will need to see proof of your change of name (e.g. marriage certificate or deed poll).

Please ensure that you complete all sections of the registration form. If you have changed your name or any other details, then please let us know. If you have been out of the country or in the Armed Forces for any period, please note the dates on the form.

If you have a long-term condition, a new patient appointment with a Healthcare Associate must be arranged.

Changing your details

If you move, change your telephone number, or change your name, please inform us as soon as possible. If you move outside the Practice boundary, the NHS UK website will be able to provide details of surgeries in your new area. To notify us of this change, please complete the appropriate form on our website.

If you move house within our Practice boundary, you need to let us know your new address. Please fill in the Change of Address form (available on our website) for you and all members of the household who have moved with you.

If you change your name, you need to let us know so we can amend the records. Please fill in the Change of Name form on our website and attach a document that proves your new name to the form.

Temporary Registrations

If you are ill while away from home, you can receive emergency treatment from the local GP practice. You may be registered as an emergency patient lasting 24hrs or as a temporary patient for up to 3 months.

If there is a medical need, you can be registered as a temporary patient for up to three months. This allows you to be on the local Practice list and still remain a patient of your permanent GP. After three months, you have to re-register as a temporary or permanent patient with that Practice.

To register as a temporary patient, contact your local Practice. Practices do not have to accept you as a temporary patient although they do have an obligation to offer emergency treatment. You cannot register as a temporary patient at a Practice in the town or area where you are already registered.

Temporary registration forms can be filled in over the phone and ID should also be sent to the following email address, bobicb-bw.communication.brookside@nhs.net.

Practice Policies

You can view our Patient and Practice Partnership Charter online.

Confidentiality & Medical Records

The practice complies with data protection and access to medical records legislation. Identifiable information about you will be shared with others in the following circumstances:

- To provide further medical treatment for you e.g. from district nurses and hospital services
- To help you get other services e.g. from the social work department. This requires your consent.
- When we have a duty to others e.g. in child protection cases, anonymised patient information will also be used at a local and national level to help the Health Board and Government plan services e.g. diabetic care.
- Your anonymised records may be used for medical research purposes.

Our Patient Services Team and administration staff require access to your medical records in order to do their jobs. These members of staff are bound by the same rules of confidentiality as the medical staff.

Please download our patient privacy notice from our website or ask at reception for a copy.

Staff confidentiality

All practice staff are contractually bound by a strict confidentiality agreement. All information obtained at or from the Practice is confidential. This includes information obtained visually, verbally, on paper or via computer. No Practice information including patient data shall be removed from the premises unless authorised by system administrator. No details of any information found on the computer network, as paper record, or obtained verbally at BGP, may be given to anyone except Practice employees, and non-employees who have authorised access to the information and have signed the confidentiality agreement, providing that the information is essential for them to do the work expected of them by BGP. The fact that a patient has visited the Practice is confidential and must not be disclosed to anyone outside of the Practice.

Freedom of Information

Information about the General Practitioners and the Practice required for disclosure under this act can be made available to the public. All requests for such information should be made to the Senior Operations Manager.

Consent

Anyone aged 16 or over is presumed to be competent to give consent for themselves unless the opposite is demonstrated. Young people aged 16 and 17, and legally 'competent' younger children, may therefore sign a Consent Form for themselves, but may like a parent to countersign as well. For children under 16, someone with parental responsibility should give consent on the child's behalf by signing accordingly on the Consent Form. Patients (16+) who would like to give medical consent to a 3rd party to manage their health needs for them (such as a family member), must complete a consent form found on the website. Their usual GP or Patient Health Liaison person, will then need to have a telephone call with the patient before this is authorised.

If you are a carer, it is important that we know so that we can ensure you receive information, services and help that is available. You will need to complete the form on our website and follow the above procedure.

Complaints

We make every effort to provide the best service possible to everyone who attends our Practice. However, we are aware that things can go wrong resulting in a patient feeling that they have a genuine cause for complaint. If so, we would wish for the matter to be settled as quickly, and as amicably, as possible.

To pursue a complaint please contact the Patient Support Manager, Julie Maughan or our Compliance Manager, Ira Ward, who will deal with your concerns appropriately. Further written information is available regarding the complaint's procedure from our website.

Violence Policy

The NHS operates a zero-tolerance policy with regard to violence and abuse and the practice has the right to remove violent patients from the list with immediate effect in order to safeguard practice staff, patients and other persons. Violence in this context includes actual or threatened physical violence or verbal abuse which leads to fear for a person's safety. In this situation, we will notify the patient in writing of their removal from the list and record in the patient's medical records along with the circumstances leading to their removal.

Chaplaincy

A group of staff members meet regularly to pray for the Practice, its staff and patients. There is a prayer request form available on the practice website should anyone wish to request prayer for something specific. The Chaplaincy team also plan and run the Christmas Carol Service each year in December for both staff and patients to enjoy.

Staff Details

Partners

- **Dr Gabriele Gutmann:** State Exam Med Dr Med MCQ MRCP (Erlangen-Nuremberg; registered 1999) (Senior Partner)
- **Dr Claire Bannon:** BM, MRCP, DRCOG (Southampton; registered 2004)
- **Dr Amit Sharma:** MBChB and MRCP (Birmingham; registered 2009)
- **Dr Aradhana Sharma:** MBChB (Birmingham; registered 2009)
- **Dr Matthew Pearce:** MRCP (Southampton; registered 2004)
- **Dr Alison Malcolm:** MRCP (July 2006), DRCOG (October 2006), DCH (November 2006), BMBS (July 2003), BMed Sci (July 2001)
- **Dr Mark Bowers:** MB ChB, BA, MRCP (Liverpool; registered 2014)

Associate GPs

- **Dr Helen Begbie:** BMBCh, MRCP, DCH (Oxford; registered 2014)
- **Dr Kelly Tang:** MRCP (registered 2009)
- **Dr Rachel Aldridge:** MB ChB, DCH, DRCOG (Leicester; registered 1996)
- **Dr Elizabeth Sherwin:** MB ChB, DFRS, MRCP (Birmingham; registered 2016)
- **Dr Lubna Qayam:** MRCP (2018), MRCOG (2013), MBBS (Pakistan registered 2001)

- **Dr Elizabeth Lewis:** BMBCh, MA, MSc, MRCP, DRCOG, DFSRH (Oxford, registered 2007)
- **Dr Fope Olayisade:** BM BS (Exeter and Plymouth, registered 2014)
- **Dr Jennifer Akerman:** BM BS (University of Southampton) registered 2017
- **Dr Matthew Shaw:** MB ChB (Bristol, registered 1987)

Registrars – We are a training practice and have registrars working at the practice from 6 to 12 months at a time. Please ask at reception for the current list of registrars.

Physicians Associates

- **Lucy Bowyer** – UK National Certification Examination for Physician Associates 2021
- **Tanya Ali** - UK National Certification Examination for Physician Associates 2018
- **Charlie French** – UK National Certification Examination for Physician Associates 2022
- **Aayojana Pandey** – UK National Certification Examination for Physician Associates 2023
- **Imashi Panditha** - UK National Certification Examination for Physician Associates 2023
- **Helga Pearce** - UK National Certification Examination for Physician Associates 2021
- **Nalisha Patel** – UK National Certification Examination for Physician Associates 2024
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Primary Care Paramedic

- **Andy Edwards** IHCD Paramedic (Clinical Treatment Manager)
- **Emma Donachy** IHCD Paramedic
- **Kelly Brazier** IHCD Paramedic

Nurses

- **Karen Ellaby** BSc Adult Nursing, Urgent Care Specialist Nurse, Nurse Prescriber, Diploma in Asthma Care (Practice Nurse Team Leader)
- **Karen Janeba** Diploma in HE Adult Nursing, CPPD Intensive Care, Accident and Emergence Care (formerly ENB 199), Certified in Diabetes Care (Health Care Associate Team Leader)
- **Jill Hodgson** RGN, ENB 199, ENB 998, Diploma in Professional Studies: Nursing, Diploma in Asthma Care
- **Maria Carruego** BSc (Hons) Adult Health Nursing
- **Mille Cooper** Bsc (Hons) Adult Nursing
- **Alexis Patounas** Bsc (Hons) Adult Nursing
- **Ana De Gouveia** Bsc (Hons) Adult Nursing

Healthcare Associates

- **Ros Forrester** HCA
- **Sam Weavers** HCA

- **Lisa Brown** HCA
- **Ting Him Wong** HCA

Pharmacists

- **Tina Adams**
- **Sarah Morgan**
- **Judy Davis – Pharmacy Technician**

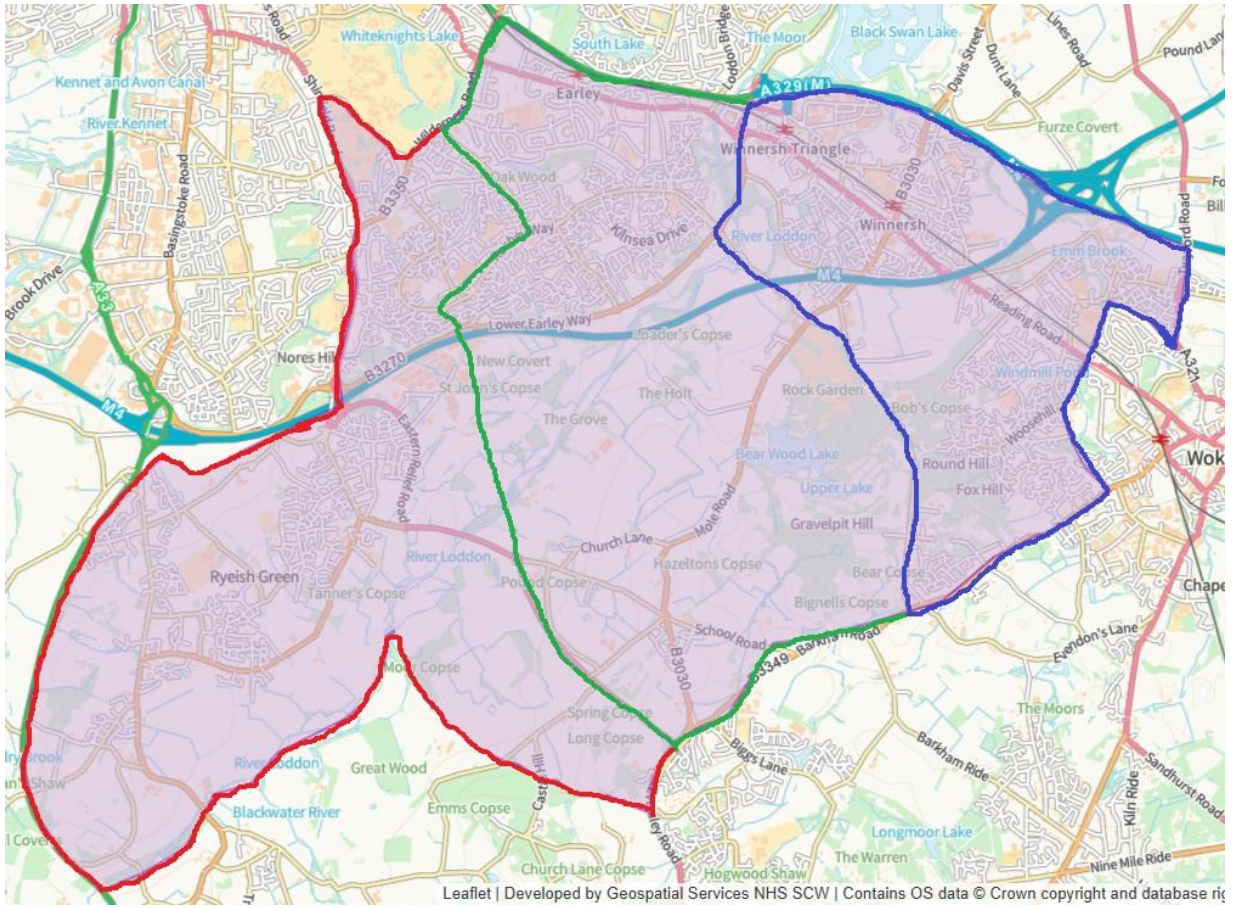
Practice Management

- **Sarah Rutland** (Senior Operations Manager)
- **Amy Stark** (Senior HR Manager)
- **Sarah Simpson** (Senior Transformation Manager)
- **Natasha Poller** (Operations & Digital Transformation Manager)
- **Julie Maughan** (Patient Support Manager)
- **Ira Ward** (Compliance Manager)
- **Andy Edwards** (Clinical Treatment Manager)
- **Karen Ellaby** (Practice Nurse Manager)

Practice Managers manage all aspects of the Practice including human resources, finance, patient safety, facilities and equipment, and information technology. They also support the GPs and other medical professionals with delivering patient services and help to develop extended services to enhance patient care.

The Patient Services Team provide an important link between patients and the Practice and is your initial contact point for general enquiries. They can provide information on services we offer and direct you to the right person depending on your health issue or query.

Practice Boundary:



Updated: June 2026